



# MASSAGE THERAPY

- Relieves Stress
- Encourages Relaxation
- Improves Posture
- Improves Circulation
- Strengthens the Immune System
- Helps Manage Pain
- Improves Flexibility and Range of Motion
- Relaxes Muscles
- Relieves Tension-Related Headaches
- Lowers Blood Pressure



**Wellness Services**

Wheaton Franciscan Healthcare



## Massage Therapy Pricing

### Traditional and Aromatherapy

30 Minute Massage.....	\$33
1 Hour Full Body Massage.....	\$45 *

### Hot Stone

30 Minute Massage.....	\$43
1 Hour Full Body Massage.....	\$55 *

\* Wellness Center members, Wheaton Franciscan Healthcare associates and volunteers are eligible for a \$5 discount on one-hour massages.

### Locations

Kimball Ridge Center  
211 E. Ridgeway Avenue  
Waterloo, IA 50702

Sartori Memorial Hospital  
515 College Street  
Cedar Falls, IA 50613

**To Schedule An Appointment  
Call 319.272.7200**

Saturday and evening appointments are available.

Give the gift of relaxation.

Inquire about massage therapy gift certificates.

Pregnancy table available for expectant moms.



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