

Accessing Your MyCare Data through Third-Party Applications

MyCare now offers the option to access your health data through certain third-party applications (such as health and fitness tracking apps).

If the third-party app supports this functionality and you have an existing MyCare account, you can connect your MyCare data through the following steps:

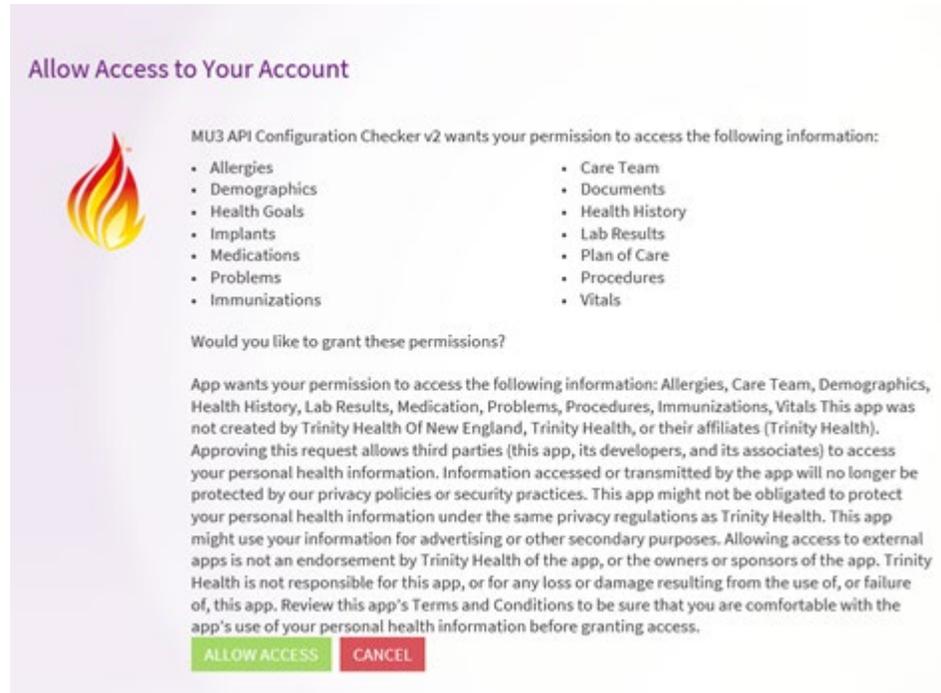
1. Create an account according to the directions on the third-party app's website
2. Follow the app's instructions on connecting to your health information. You will likely be presented with a list or search engine to locate the healthcare providers available to connect with. Select the Wheaton Iowa logo to connect your MyCare data.
3. You will be redirected to the MyCare login page.



4. Log in using your existing MyCare username and password.
5. Read and accept the Terms and Conditions of use for MyCare.



- You will be directed to the authorization page listing permissions requested by the app which explain how your data will be used. Read this information carefully before deciding whether or not you'd like to share your data with the app. *If the app does not provide this information, you will see a warning message recommending you deny access to your MyCare account.*



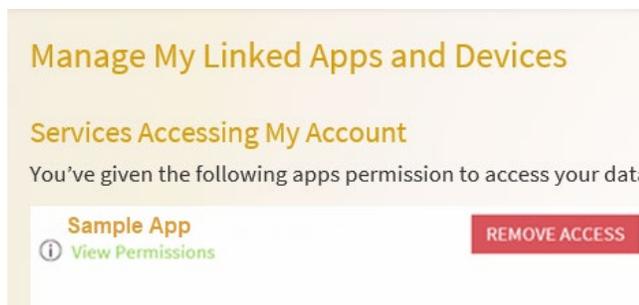
- Accept the agreement to make your MyCare data accessible through the app.
- If you change your mind and wish to revoke the third-party app's authorization in the future, log in to your MyCare account, and select "Linked Apps and Devices" from the Settings menu at the top of the screen.



Settings

- Personalize
- Security Settings
- Notifications
- Linked Apps and Devices
- Manage My Accounts

- In the "Services Accessing My Account" section, select "REMOVE ACCESS" to stop the selected third-party app from accessing your information.



Please note, outside applications were not created by Trinity Health or their affiliates. By selecting “Allow Access” it will give third parties (the app, its developers, and/or its associates) access to your personal health information. Information accessed or transmitted by the app will no longer be protected by Trinity Health’s privacy policies or security practices. This app may not be obligated to protect your health information under the same privacy or security practices as Trinity Health (i.e., HIPAA and other similar regulations). This app may use your information to sell to advertisers or other third parties. Allowing access to external apps is not an endorsement by Trinity Health of the app or the owners or sponsors of the app. Trinity Health is not responsible for anything the app does with your health information, or for any loss or damage of your health information resulting from the use of, or failure of, this app. Review the app's Privacy Policy and Terms and Conditions to be sure that you are comfortable with the app's use of your personal health information before selecting “Allow Access”.